



Student Nurses' Association University of South Carolina-Beaufort

NEXT GENERAL MEETING:
February 21st from 11:30-12:00p.m.
2nd floor Sci Building, Nursing Lounge.

info@uscbsna.com - One University Boulevard, Bluffton, SC 29909

Sand Shark Scrubs Newsletter

February 2013 Issue

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- 61st Annual NSNA Convention
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EDITORS:

E. PIORKOWSKI and A. PIROG

Spring 2013 Events:

-DVD Collection for BMH 5th Floor- February 13-28, 2013

-Memory Matters Memory Boxes February 13-March 5, 2013

-FREE Yoga at Dancing Dogs Yoga studio in Beaufort for all Nursing Students and Nurses on March 7, 2013

-Ronald McDonald House Breakfast TBA

-USCB's 1st Annual Health Fair April 1, 2013

-61st Annual National Student Nurses' Association Convention April 3-7, 2013

Board Member Contact Information

**-Elaine Nishioka RN, MSN, CPNP
(Faculty Advisor)**
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-Allison Pirog (President)
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-Katie Mankin (Vice President)
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-Elena Piorkowski (Secretary)
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-Allison Singson (Treasurer)
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**-Crystal Conran
(Project Coordinator)**
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Membership

The Student Nurses' Association is always looking to add members to its team. We encourage you to attend one of our upcoming meetings, explore this website, find us on online contact one of the board members directly to learn more about our organization. Membership with the National Student Nurses Association [NSNA] is a requisite. Annual dues include a local SNA USCB membership for \$10 [12 months] and the NSNA membership [12 or 24 months]. Current information regarding NSNA membership fees can be found directly on their webpage:

www.nсна.org.

Why join? In addition to the discounts/benefits passed on from the NSNA, joining opens doors to your future. SNA membership provides a chance to become more involved at the local and national levels. Through volunteering, conferences, and lectures you will be exposed to numerous opportunities for personal and professional growth. The 2012-2013 school year holds many exciting prospects, so be sure to keep in touch to learn about upcoming events.

Membership forms can be found on the second floor of the SCI building on the SNA bulletin board.

HOW DO I JOIN?

1. Visit NSNA.org- Become a National Student Nurses' Association Member
2. Complete SNA@USCB membership form [located on Nursing bulletin board on the second floor of the SCI Building or on our website www.uscbsna.com]
3. Contact Treasurer Allison Singson to submit your membership form and Local Dues [singson@email.sc.edu]

FALL 2012 SUMMARY OF EVENTS

Okatie-Rotary Polo Event



What a day for a polo match and a bake sale SNA Fundraiser! The Okatie Rotary provides USCB with Scholarships for nursing students so this was also an excellent opportunity to give back. Students, husbands, sisters, mothers and children all joined in to make this day a success. We want to thank ALL the volunteers who helped make this day so special.

Ronald McDonald House Adopt-A-Meal



The RMH Adopt-a-Meal Night was a great experience. A delicious meal of chicken with parmesan cheese, roasted potatoes, green beans, and brownie sundaes were made. Volunteers were able to feed over 20 people for \$100 on time with no burnt food!

You can never have TOO many cooks in this kitchen!

Smore Night



One blustery night in October the SNA held a campus wide s'more night. This was a great experience for volunteers and s'more connoisseurs alike. Local Sand Sharks devoured s'mores on their return trip from Student Life's Haunted Forest.

Holiday Tree



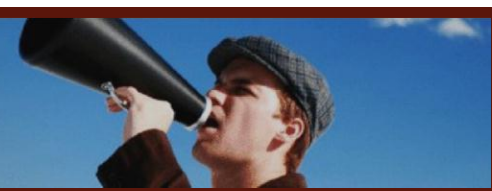
This year the Student Nurses' Association @ USCB Adopted a Bluffton Family in Need. Members collected gifts/donations between Thanksgiving and Finals week. A VERY special thank you to ALL faculty, students, and families who helped make this holiday season so very special!

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News & Events



1st Annual Health Fair co-hosted by USCB SNA/Student Life

The SNA & USCB Fitness & Recreation will be putting on USCB's 1st Annual Health Fair on Monday, April 1st from 11:00-3:00p.m. The event will have the Blood Alliance holding a blood drive, "Be the Match" (bone marrow donor registry), BMH Mobile Wellness Unit offering the following services: (free B/P, free blood sugar, cholesterol screening for \$10, PSA for \$10, and HgBA1C for \$10), organ donation sign-up for your driver's licenses, and many more organizations and activities!

In order to make this event a success we are looking for some volunteers to help with the event. If you can volunteer your time, or have any other suggestions let Elena Piorkowski know via email at: piorkows@email.sc.edu



NSNA 61st Annual Conference April 3-7 Charlotte, NC

For more information on the NSNA conference visit their website:
<http://www.nсна.org/meetings/annual-convention.aspx>

or visit USCB SNA website at:
<http://www.uscbsna.com/>

DVDs getting dusty on the shelf?

The SNA is holding a DVD collection for the 5th floor of Beaufort Memorial Hospital. A collection box will be available in the Nursing student lounge sometime next week. All DVD ratings are acceptable but students are asked to donate with the knowledge these movies are to be used by patients while staying in the hospital. Thank you for your help. DVD's can be dropped off in Mrs. Nishioka's office between 2/13/13-2/28/13 or by emailing Allison Pirog

Memory Boxes 2.13.13-3.05.13 "Memory Matters is a local non-profit organization committed to helping families who face the challenges of living with a diagnosis of Alzheimer's disease and all other types of dementia." [memory-matters.org].

Memory Matters often uses the aid of memory boxes to remind or enhance the memory using items that relate to a specific theme. The memory boxes are painted shoe boxes that should contain items that relate to a specific theme. Theme ideas include: travel, movies, gardening, beach, seasons, holidays, kitchen, weddings but possibilities are endless! We will be placing 10 shoe boxes in the student lounge with a sign up sheet on Wednesday, February 13th. If you are interested please check out a box and indicate which theme you will be creating so we can try to avoid duplicates.

Not feeling so crafty? Memory Matters is also looking for art supplies which participants can use. Simple items such as color pencils, markers, paint brushes, paper, canvas, feathers, pom poms or even hot glue sticks would be helpful. We will have a collection box in the student lounge for art supplies which we will deliver to Memory Matters with the memory boxes at the end of the month. Junior Lauren Walters came to the SNA with this request and we are eager to collaborate with her. Thanks Lauren for all you do!

Memory boxes will be available starting Wednesday, February 13th in the Nursing Student Lounge and we would ask that they be returned no later than Tuesday, March 5th. Questions? Please email Allison Pirog pirog@email.uscb.edu

Ronald McDonald House:

This semester the SNA would like to cook a Sunday breakfast held sometime in March. Supplies are in demand at the RMH so next time we want to stock up their pantry with essential household items such as laundry detergent, water, paper towels and capri-suns. More information will be coming out shortly on this next event at the RMDH! TBA

SNA @ USCB

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