



Student Nurses' Association University of South Carolina-Beaufort

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Sand Shark Scrubs

October 2012

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Message from the President

Welcome to the inaugural issue of our SNA Newsletter! I am excited the semester has started and eager to share all of the fun events we have on tap for the year! The SNA @ USCB is committed to making this organization an amazing experience for all its members and to have a positive impact on the community around us.

In order to best serve the student body of the USCB School of Nursing we are committed to student communication, philanthropy and member enrichment. You may have noticed our updated SNA@USCB Bulletin Board hanging on the second floor of the Science Building [if not, please check it out!] We even have some QR codes waiting to be scanned. This board will be updated regularly and rumor has it that over the course of the school year some prizes may be available for those who use the board to its full potential [hint: get your QR Code APP up to speed]. In addition to the bulletin board we are proud to announce a new website [uscbsna.com] and Facebook Page [keyword: SNA at USCB] have been launched. Lastly, once a month, students of the USCB Nursing program will receive a copy of our electronic newsletter. We hope these additions will help keep you up to date with all SNA related news and events!

As we embark on this 2012-2013 School year I would like to invite ALL nursing students to participate in our first online survey to help us better serve you. If you have any specific concerns, goals, objectives, comments regarding the SNA please feel free to contact me directly at pirog@email.sc.edu

Respectfully,

Allison R. Pirog

Online Survey:

Please complete this 3-question survey to help us schedule our next meeting.

<http://www.surveymonkey.com/s/92CGBN6>

October Events:

- **Ronald McDonald House Adopt A Meal Event** – October 13 [Savannah, GA]
- **Okatie Polo Charity Event**-October 14 [Rose Hill, Bluffton, SC]

Like us on



SNA @ USCB

Why do I want to Join?



The Student Nurses' Association is always looking to add members to its team. We encourage you to attend one of our upcoming meetings, explore this website, find us on Facebook or contact one of the board members directly to learn more about our organization. Membership with the National Student Nurses Association [NSNA] is a requisite. Annual dues include a local SNA at USCB membership for \$10 [12 months] and the NSNA membership [12 or 24 months]. Current information regarding NSNA membership fees can be found directly on their webpage: www.nсна.org.

Why join? In addition to the discounts/benefits passed on from the NSNA, joining opens doors to your future. SNA membership provides a chance to become more involved at the local and national levels. Through volunteering, conferences, and lectures you will be exposed to numerous opportunities for personal and professional growth. The 2012-2013 school year holds many exciting prospects, so be sure to keep in touch to learn about upcoming events.

HOW TO JOIN

1. Visit NSNA.org- Become a National Student Nurses' Association Member
2. Complete SNA@USCB membership form [located on Nursing bulletin board on the second floor of the SCI Building or on our website www.uscbsna.com]
3. Contact Treasurer Allison Singson to submit your membership form and Local Dues [singson@email.sc.edu]

61st Annual Student Nurses' Association of South Carolina Meeting/Conference

Over the course of the weekend, members of the SNA attended several classes held at the Convention Center in Charleston, SC. What a GREAT experience! We can't wait to disseminate the information we learned. In the interim, below is an excerpt from a Triage Course presented by Jean Culley, Ph.D, MPH, RN, CWO CN and Dr. Salvatore DiNardi, PhD. "CAN YOU MAKE LIFE & DEATH TRIAGE DECISIONS IN 30 SECONDS OR LESS?"

What is Triage?

- Triage means "to sort"
- Looking/Assess medical needs and urgency
- Sorting based on LIMITED data
- During the process of triage no treatment is provided until ALL individuals have been classified

TWO KEY MNEUMONICS :

START and RPM

START stands for Simple Triage and Rapid Treatment. In this method you spend no more than 30 seconds providing a cursory assessment of three key elements Respirations/ Perfusion/ Mental Status [RPM].

When applying the principal of Triage to a disaster/mass casualty emergency situation there are 4 categories to sort the individuals into before initiating any care. Respirations, then perfusion then mental status are evaluated [with 30 seconds] in a stepwise manner.

Typically these patients are physically tagged/labeled with one of the four following categories:

1. Minor [GREEN LABEL]- These are your 'walking wounded'. They are able to ambulate to a safer area and wait for appropriate care
2. Delayed [YELLOW LABEL]- These patients have unimpaired RPM's but are unable to ambulate away from the scene.
3. Immediate [RED LABEL]- Respirations 30+/- or resumed by providing a patent airway. Decreased Perfusion [2+ Capillary refill or Altered Mental Status.
4. DECEASED [BLACK LABEL]- After repositioning the head/neck, respirations are still undetected. NO CPR PROVIDED.



News & Events



October Events

Ronald McDonald House Adopt A Meal Event – October 13 (Savannah, GA) SNA will be visiting the Ronald McDonald House Charities of the Coastal Empire to prepare a meal for all of the families staying there. This event is limited to the first 8 volunteers but please don't let that discourage you. We are planning on doing this again during the Spring Semester. Please contact Allison Pirog **before OCTOBER 5** if you are interested in rolling up your sleeves and having some fun.

Okatie Polo Charity Event-

October 14 (Rose Hill, Bluffton, SC) We are actively seeking volunteers to bake desserts to sell and/or to donate some time on Sunday to assist with the Polo Match at Rose Hill and/or donate baking supplies. Please contact Project coordinator Crystal Conran.

November Events

Community Benefit Charity Event-

November 3rd (USCB Historic Beaufort Campus) the SNA will be hosting a up close magic/parlor show. We are looking for volunteers to assist. Please contact Allison Singson.

BMH Mobile Wellness Unit-

November 7th (USCB Bluffton Campus) the SNA at USCB invites you to have a FREE BP and glucose reading. The BMH mobile wellness unit will be parked outside the student Campus Center. Additional services available include : HgbA1C \$10.00 (fasting not required), Cholesterol screening \$10.00 (6hr fasting recommended), PSA \$10.00.

Recovery House-

November TBA (Burton Wells, SC) We are seeking volunteers to help paint and carpet the lounge at the Recovery House. Look for more information in the upcoming weeks.

Upcoming Spring Events

- Health Promotion Fair (looking for individuals to help plan and organize the function) contact Elena Piorkowski to help out
- 61st Annual National Student Nurses' Association Conference- April 3rd-7th (Charlotte, NC)

Board Members for the 2012-2013 Academic Year

- Elaine Nishioka RN, MSN, CPNP (Advisor)
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- Allison Pirog (President)
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- Katie Mankin (Vice President)
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- Elena Piorkowski (Secretary)
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- Allison Singson (Treasurer)
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